Questions to ascertain an organisation's promotion of social and emotional wellbeing, highlighting strengths and areas of need.



This tool is divided into four main categories, each important for influencing social and emotional wellbeing (SEWB):











Unless stated otherwise, only **one answer** is required for each question.

Leadership and Support

Committed & Engaged Leadership	Not commenced	In planning	Preparing to implement	Partially in place	Integrated
The Organisation's Leadership Team (OLT) communicates a clear commitment to improve staff, participant & community SEWB					
The OLT develops and promotes an effective & clear policy/ies to improve staff, participant and community SEWB					
Planning for System & Resource Support	Not commenced	In planning	Preparing to implement	Partially in place	Integrated

OLT allocates sufficient resources such as staff, time, funding & other resources to effectively implement planned wellbeing strategies

An action plan is developed in consultation with key stakeholders in the arts community (including young people, staff, and families) to ensure whole-of-community buy-in to the implementation of strategies that promote SEWB



Leadership and Support

Ensuring Compatibility with Arts Community Needs	Not commenced	In planning	Preparing to implement	Partially in place	Integrated
Pre-existing capacities and successful wellbeing practices within the arts organisation are valued and promoted (amongst stakeholders and through the wider arts community) to encourage a sense of collective self-efficacy					
Regular monitoring and evaluation of strategies is undertaken to ensure they are meeting organisation and young people/community wellbeing needs					
Surveys of staff, young people and families are conducted regularly to evaluate, inform, and modify arts organisation's policy & to ensure the organisation is meeting community wellbeing needs					
Any roadblocks to the achievement of SEWB goals and implementation of associated strategies, both					

discussed

inside and outside the organisation, are identified and

Organisation Culture					
Positive Whole Organisation Culture	Not commenced	In planning	Preparing to implement	Partially in place	Integrated
The organisation culture supports a sense of connectedness and safety for all young people, staff/contracted educators, & families through positive, trusting, and caring relationships					
Staff health and wellbeing is an integral part of the organisation's culture					
Appropriate social and emotional behaviours are formally and informally developed and modelled by staff/contracted educators					
Young people are actively involved in the promotion of a positive culture					

Organisation Culture

Positive Whole Organisation Culture	Not commenced	In planning	Preparing to implement	Partially in place	Integrated
All staff are skilled to build positive relations among young people and between themselves and their young people					
Young people are empowered to think about and provide input into the development of their SEWB					
The organisation consistently uses a strengths-focus when promoting the SEWB of staff and young people					
There is a balance of seriousness and fun embedded in the culture of the organisation					
The organisation recognises successes in a range of ways, including those that represent social and emotional development					
Effective Class or Workshop Practice & Environment	Not commenced	In planning	Preparing to implement	Partially in place	Integrated
		In planning			Integrated
Practice & Environment Young people participate actively in the development		In planning			Integrated
Young people participate actively in the development of the expected behaviour in class Teachers/tutors/facilitators understand their responsibility as role models for social and emotional		In planning			Integrated
Young people participate actively in the development of the expected behaviour in class Teachers/tutors/facilitators understand their responsibility as role models for social and emotional development Supports are provided (in the form of scaffolding and/or imparting of specific strategies) to help young people		In planning			

Organisation Culture

Effective Class or Workshop Practice & Environment	Not commenced	In planning	Preparing to implement	Partially in place	Integrated
Class practices encourage and provide opportunities for young people to develop and practise social & emotional competencies					
Teachers/tutors/facilitators employ a strengths focus when teaching young people					
Positive Peer Group Influence	Not commenced	In planning	Preparing to implement	Partially in place	Integrated
Young people are valued as active participants in the development of the organisation's plans, policy, and practice					
Opportunities for young people to voice their opinions are encouraged, supported, valued, and incorporated into planning and activities					
Peer group actions to support the SEWB of others are commended in the class/workshop delivery context and at the whole-of-organisation level					
Support and empathy for young people by young people is respected and encouraged					
Policy and Practice					
Policy Development	Not commenced	In planning	Preparing to implement	Partially in place	Integrated
Policies related to SEWB are collaboratively developed with staff/contracted educators, key stakeholders, young people, and families					
Policy development includes an ongoing review					
Policies are distributed and promoted to all staff/contracted educators, young people, families, and relevant stakeholders through a range of channels					
Policies are always transparent and accessible to staff/contracted educators, young people, families, and other stakeholders					

Policy and Practice

understandings and skills related to SEWB

promote SEWB in culturally sensitive ways

Staff have the cultural awareness training necessary to

Policy Development	Not commenced	In planning	Preparing to implement	Partially in place	Integrated	
Professional learning is provided for all staff so that they feel empowered to implement and support adherence to policies related to SEWB						
Policy Implementation	Not commenced	In planning	Preparing to implement	Partially in place	Integrated	
Policies outline specific strategies for young people, families, and staff/contracted educators to promptly respond and report incidents of mental health concern, bullying, aggression, and violence						
Policies explicitly include the arts organisation's preventative and targeted early response strategies						
Multiple policies address the SEWB of young people and staff in arts organisations						
All staff/contracted educators are trained in mental health first aid						
Support to young people and families identified as in need is ongoing and referrals to outside support services are made if required						
Professional Learning and Collaboration						
Professional Learning	Not commenced	In planning	Preparing to implement	Partially in place	Integrated	
Staff are provided with opportunities to promote their professional learning related to SEWB by networking with other arts organisations and staff						
Staff professional learning comprises a range of key						

Professional Learning and Collaboration

development across wellbeing topics

Professional Learning	Not commenced	In planning	Preparing to implement	Partially in place	Integrated
All new and existing staff/contracted educators are enabled and encouraged through ongoing, regular evidence-based professional learning to actively support action to promote SEWB					
Staff are encouraged and supported to try out SEWB strategies, reflect on and monitor young people response to these					
Staff are encouraged and supported to improve their practice to address social and emotional wellbeing through an action learning cycle					
Staff are encouraged and supported to be actively promoting their own SEWB					
Intentional Learning	Not commenced	In planning	Preparing to implement	Partially in place	Integrated
Developmentally appropriate, comprehensive, and engaging social and emotional learning strategies are implemented for all participants					
Young people are supported to understand their own social and emotional development process through opportunities to express, model and practice strategies used					
Effective Family Learning and Communication	Not commenced	In planning	Preparing to implement	Partially in place	Integrated
SEWB strategies are developed in collaboration with families and in association with advice from key stakeholders					
Multiple channels are used to communicate information and provide social and emotional learning opportunities to families					
Parents are provided with sufficient information to enable shared understanding and mirroring, at home, of strategies used by teachers/ tutors/ facilitators, thereby enhancing young people learning and skill					