

# All About Me!



Hello! My name is \_\_\_\_\_



My favourite thing right now is \_\_\_\_\_

I was born prematurely at \_\_\_\_\_ weeks, weighing \_\_\_\_\_ and spent time in the Neonatal Intensive Care Unit (NICU).

I am \_\_\_\_\_ months/years old but my corrected age is \_\_\_\_\_. I should be hitting milestones for my corrected age.



It's important for you to know that I received life sustaining intervention after birth including:

- ☐ Invasive mechanical ventilation
- ☐ CPAP
- ☐ Supplemental oxygen therapy



Since my stay in the NICU I have been diagnosed with:

\_\_\_\_\_

I see some other health professionals to help me with this including: (Specialist clinics, OT, speech, physio, dietician)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



In the past 12 months I have taken, or am currently taking, the following medications: (include supplements like iron, probiotics, over the counter medication, steroids etc):

\_\_\_\_\_  
\_\_\_\_\_

I see some other health professionals to help me with this including: (Specialist clinics? Allied health?)

\_\_\_\_\_  
\_\_\_\_\_

I am allergic to: \_\_\_\_\_

\_\_\_\_\_

## Some other big health challenges I have had in the NICU or afterwards are:

- ☐ Brain
- ☐ Heart
- ☐ Lungs
- ☐ Kidneys
- ☐ Bones
- ☐ Gastrointestinal
- ☐ Feeding
- ☐ Skin
- ☐ Behaviour
- ☐ Sleep
- ☐ Sensory
- ☐ Metabolic (endocrine, weight management, diabetes)

My family and I have had a complex medical journey to date. Please take a holistic approach to my healthcare.



Other things I would like you to know:

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The reason I am here today: \_\_/\_\_/\_\_

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How long has this been a concern?

Have you seen any other health professionals about this?

☐ Yes ☐ No

Have you had any tests for this concern?  
(blood, urine, xray, CT, MRI, reports from school or other health professionals)

☐ Yes ☐ No

Symptoms:

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Questions I have today are:

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Please upload information relating to this visit to My Health Record

☐ Yes ☐ No

Please provide a medical certificate or carer's note

☐ Yes ☐ No