

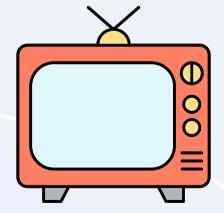


colours and

shapes

PICKING AGE APPROPRIATE CONTENT FOR O-2-YEAR-OLDS

Chose calm and quiet content



Avoid overwhelming content, such as shows with a lot of action and effects



Content with music is great for sing-a-longs



PICKING SUITABLE SHOWS FOR O-2-YEAR-OLDS



Select shows that have shorter episodes or parts, with content your child can relate to such as people, places and animals

Choose shows that promote messages and topics you care about and that you will be happy to talk to your child about

Avoid ads and overwhelming content.

Consider the pace and tone of the show along with the time of day watching

Pick shows that can help your child learn simple concepts such as numbers, colours and shapes