## Part 4 Assessment and Management

Assessing and managing an individual and ensuring cultural competency and a culturally secure environment are highlighted. Acknowledging and understanding the diversity of attributes impacting on an individual's assessment, such as trauma and transgenerational trauma and unrecognised or undiagnosed disability are considerations. A range of tools appropriate for assessment are provided.

## Chapters

16

Assessing and testing culturally diverse groups and a range of emergent principles and guidelines to improve assessment practices are explored. Practitioners conducting assessment are encouraged to reposition themselves when developing procedures and practices in the provision of mental health care to ensure a culturally competent and culturally secure environment.

17

The impact of transgenerational trauma, particularly the links between unresolved childhood trauma and violence, substance misuse, incarceration and the challenges associated with working in communities are identified. Untreated trauma within and across generations results in physical, mental, emotional, spiritual and social distress for individuals and broader social groups. The combined effects of colonisation, government policies and practices have significantly contributed to the circumstances experienced by people today. Programs that provide education and empowerment and trauma recovery are examined.

18

Current and emerging themes in intellectual disability are explored. Various factors that impact on people with an intellectual disability, on their families and carers, including diagnosis, Aboriginal perspectives on intellectual disability, the importance of an interdisciplinary approach in management and assessments that may be of use are outlined. The alarming rate of intellectual disability in Aboriginal communities when compared to other population groups is highlighted.